# Diseases of Urinary System (Part 2)

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# Glomerulonephritis

# **Intended Learning objectives**

By the end of this course; you should:

- Identify common causes of GN
- Describe pathological changes of main types of GN

## Glomerulonephritis

#### Nephritic syndrome

- Common causes
- > Primary renal diseases
  - 1. Acute diffuse GN
  - 2. Rapidly progressive GN
  - 3. IgA nephropathy (Berger's disease)
- > 2ry to systemic diseases
  - 1. SLE
  - 2. Purpura

#### Nephrotic syndrome

- Common causes
- > Primary renal diseases
- 1. Membranous GN
- 2. Membranoproliferative GN
- 3. Minimal change GN
- 4. Focal segmental GN
- > 2ry to systemic diseases
  - 1. Diabetic nephropathy
- 2.Renal amyloidosis
- 3.SLE

# Glomerulonephritis

Common primary causes of nephritic syndrome

- 1. Acute diffuse (post-infectious) GN
- 2. Rapidly progressive GN
- 3.IgA nephropathy (Berger's disease)

Acute post-infectious GN

## Acute post-infectious GN

**Incidence:** Usually affects children and young adults

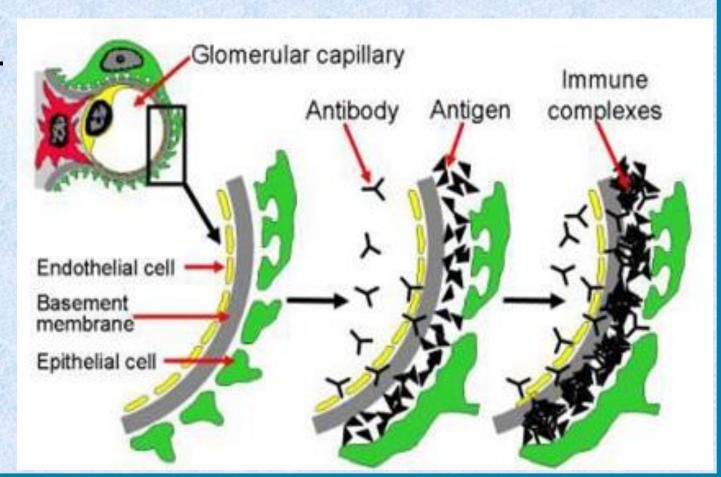
## **Pathogenesis:**

- (1) glomerular trapping of circulating immune complexes and
- (2) in situ immune antigen-antibody complex formation resulting from antibodies reacting with either streptococcal components deposited in the glomerulus

## Acute post-infectious GN

**Incidence:** Usually affects children and young adults

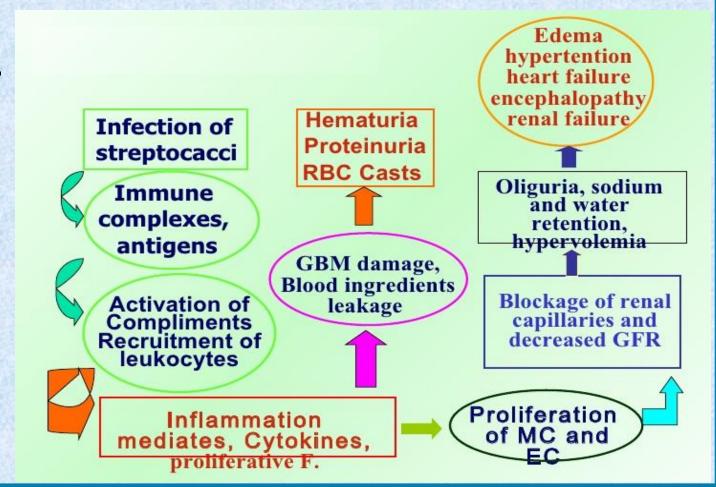
## **Pathogenesis:**



## Acute post-infectious GN

**Incidence**: Usually affects children and young adults

## Pathogenesis:



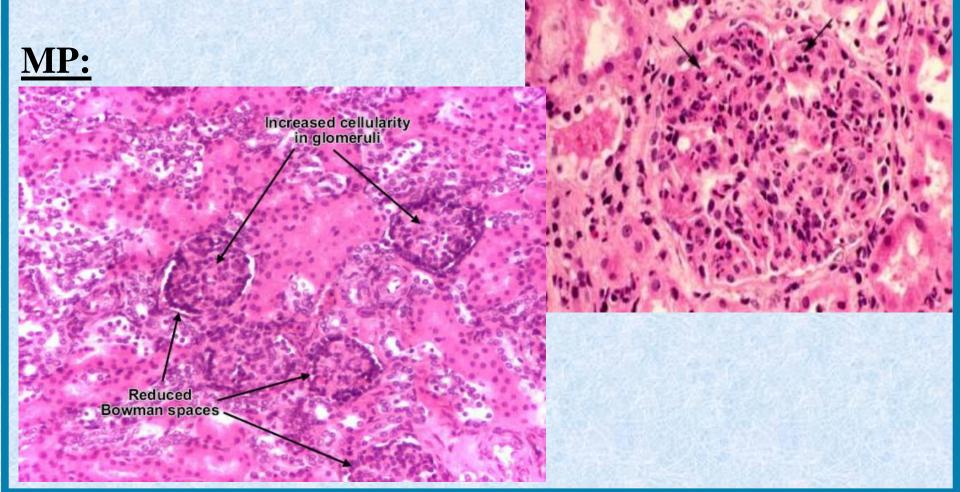
## Acute post-infectious GN

Grossly: The kidneys are slightly enlarged & pale due to edema

- Glomeruli: hyper-cellular due to proliferation of epithelial, endothelial and mesangial cells and infiltration by neutrophils
- Tubules: cloudy swelling of lining cells and RBCs cast of the lumen
- Blood vessels: NO significant changes
- Interstitial tissue: infiltration by neutrophils
- EM: sub-epithelial deposition of Humps of immune complex
- Immunfluorescence: demonstrate IgG and complement elements

## Acute post-infectious GN

**Grossly:** The kidneys are slightly enlarged & pale due to edema

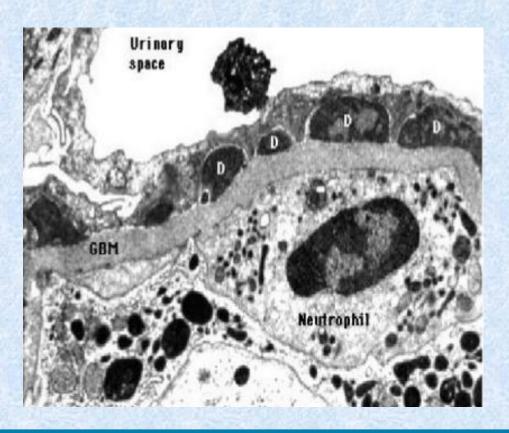


## Acute post-infectious GN

**Grossly:** The kidneys are slightly enlarged & pale due to edema

## EP:





## Acute post-infectious GN

## Clinical and biochemical changes:

• Fever and malaise

- Urine analysis:
  - > Hematuria
  - > Mild proteinuria
  - ➤ High specific gravity
  - ➤ Hyaline and RBCs casts

#### ■ Nephritic syndrome:

- ➤ Gross hematuria (smoky urine)
- > Mild to moderate hypertension.
- **>** Oliguria
- > Mild nephritic edema

#### ■ Blood picture:

- > Mild anemia
- > High ASO titre
- ➤ Low serum complement
- ➤ Mild increased serum urea and creatinin

## Acute post-infectious GN

## Fate:

- In children: (excellent prognosis):
  - >95% of affected children resolve within 2-3 weeks
  - The remaining cases may progress to rapidly progressive form and may develop renal failure

■ In adults: less favorable prognosis compared to children: about 60% resolve completely

Rapidly progressive (crescentic) GN

# Rapidly progressive (crescentic) GN

#### **Definition:**

A serious condition characterized:

- <u>Clinically</u> by rapid deterioration of renal function with significant features of nephritic syndrome
- Pathologically by formation of cellular crescent

#### **Etiology:**

- 1. Develop on top of acute post-infectious GN
- 2. Good Pasteur syndrome or anti-glomerular membrane (anti-GBM) antibody.
- 3. As a part of systemic disease as SLE and henoch-shonlien purpura
- 4. Idiopathic

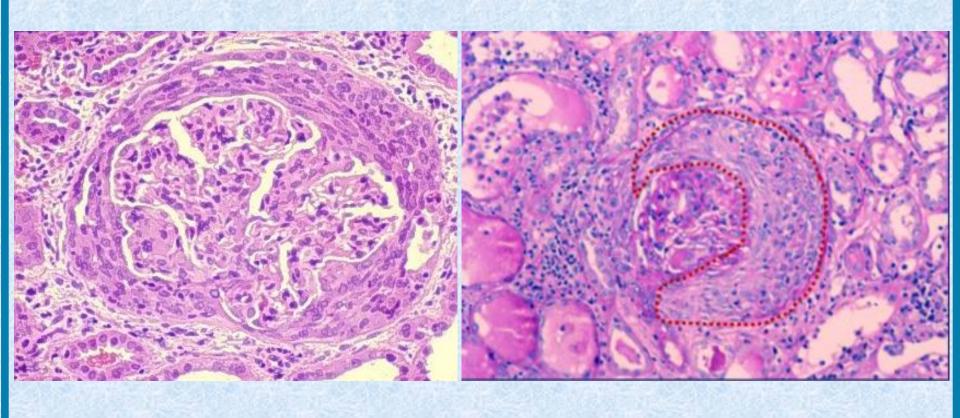
## Rapidly progressive (crescentic) GN

Grossly: The kidneys are slightly enlarged & pale due to edema

- Glomeruli:
  - Hyper-cellular (proliferation of epithelial, endothelial and mesangial cells and infiltration by neutrophils).
  - Crescent formation: proliferation of parietal epithelium leads to obliteration of Bowman's space
  - Glomerular tufts: focal thrombosis and necrosis
- Tubules: focal necrosis and RBCs cast in the lumen
- Blood vessels: may show thrombosis
- Interstitial tissue: infiltration by neutrophils and focal necrosis and subsequent development of fibrosis.

## Rapidly progressive (crescentic) GN

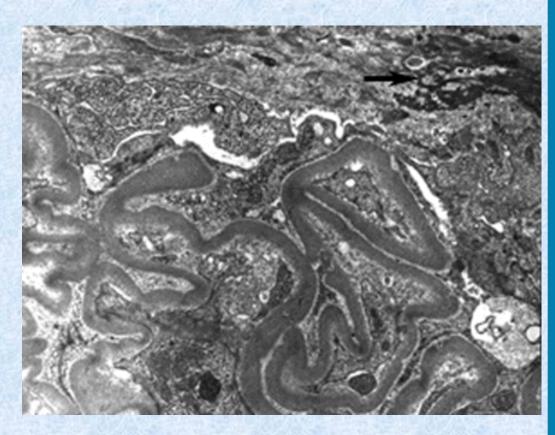
**Grossly:** The kidneys are slightly enlarged & pale due to edema



# Rapidly progressive (crescentic) GN

**Grossly:** The kidneys are slightly enlarged & pale due to edema

- EM: linear deposition of immune complex
- Immunofluorescence:
  demonstrate IgG and
  complement elements



## Rapidly progressive (crescentic) GN

## Clinical presentation and fate:

- Sever form of nephritic syndrome
- Acute renal failure
- Chronic cases progress to chronic GN

## Immunoglobulin A nephropathy

#### **General features**

- -Affect children and young adults (10-30 years)
- -Occurs within 1-2 days after non specific respiratory infections
- -The commonest cause of recurrent microscopic or gross hematuria
- -Hematuria usually lasts several days then subsides and recurs again

## **Pathogenesis:**

Abnormal excess production of IgA or impaired clearance

Activation of complement system and glomerular damage

Mesangeal deposition of IgA

## Immunoglobulin A nephropathy

## MP:

- -Variable histological features.
- -The glomeruli may appear normal (no change under light microscope).
- -May show mesangial proliferation and hyper-cellularity
- -May showed crescentic GN features.

**EM:** Mesangial deposition of immune complex

Immunofluorescence: demonstrate IgA and complement elements in the mesangium

Fate: good prognosis compared to RPGN

# Glomerulonephritis

Common primary causes of nephrotic syndrome

1.Minimal change GN

2. Membranous GN

3. Membranoproliferative GN

4. Focal segmental GN

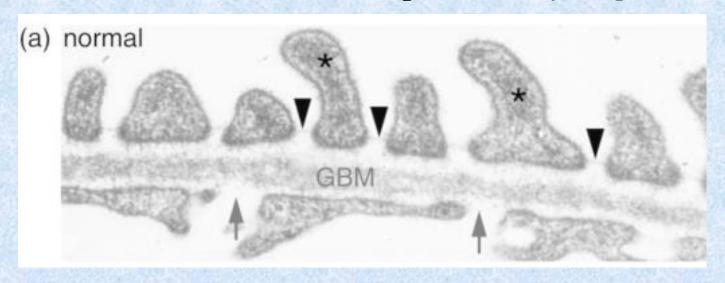
## Minimal change GN

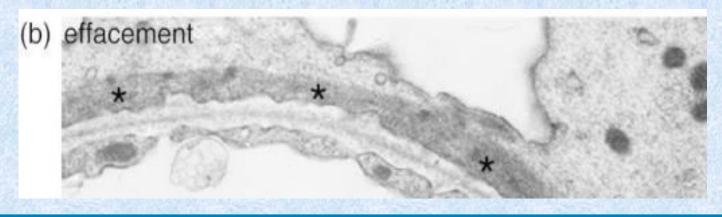
#### **General features**

- -Most common of GN in children
- -Exact etiology is unknown
- -Immune mediated
- -Characterized clinically by heavy proteinuria
- **Grossly:** Normal appearing kidney
- MP: No significant changes under light microscope
- **EM:** Fusion or effacement of foot processes (foot process disease)
- Fate: Excellent response to steroid particularly in children
  - Rarely, the disease may progress to chronic renal failure

## Minimal change GN

**EM:** Fusion or effacement of foot processes (foot process disease)





## Membranous GN

#### **General features**

- -A slowly progressive pattern of GN.
- -More commonly in adults but may involve children

## **Etiology/pathogenesis:**

- -**Primary:** Ag implantation on glomerular BM Ag/Ab reaction and sub-epithelial formation of immune complex with complement activation.
- -Secondary in other diseases: SLE, viral hepatitis, malaria, tumors, diabetes and secondary to some drugs as NSAI

Clinically: usually presents with nephrotic syndrome

## **Membranous GN**

Grossly: NO significant changes

MP: Diffuse thickening of glomerular BM

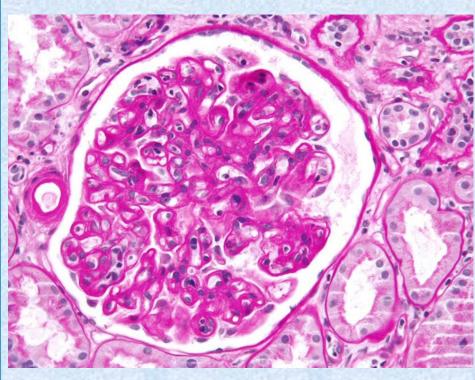
EM: Sub-epithelial deposition of dense immune complexes

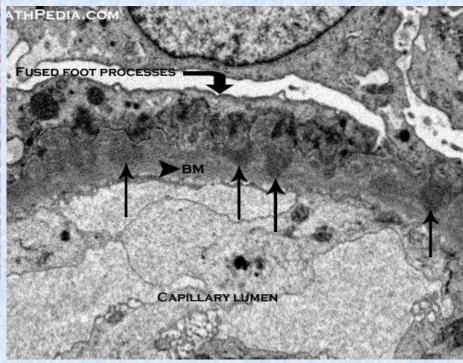
Immunofluorescence: Deposition of IgG immune complexes and complement components along glomerular BM

#### Fate:

- Usually does not respond to steroid particularly.
- 50% of cases progress to chronic renal failure within 2-20 years

## Membranous GN





## Membrano-proliferative GN

#### **General features**

- -A slowly progressive form of GN.
- -May occur in adults or children

## **Etiology/pathogenesis**: Two types

- Type I MPGN (secondary):
  - The antigen is unknown and is commonly associated with HBV, SLE, and post-infection antigen
- -Type II MPGN (dense deposits disease):
  due to excessive activation of C3 and its deposition in glomerular BM

## Membrano-proliferative GN

#### **Clinically**:

- Most cases present with nephrotic syndrome.
- Few cases present as a symptomatic proteinuria
- Few cases may present as nephritic syndrome

## Grossly: NO significant changes

- -Glomeruli are slightly enlarged
- -Glomerular hypercellularity due to proliferated mesangial cells
- -Thick glomerular BM with splitting (double contour or tramtrack appearance)

## Membrano-proliferative GN

## EM:

- -Type I: sub-endothelial deposition of dense immune complexes.
- -Type II: Dense deposits within the glomerular BM

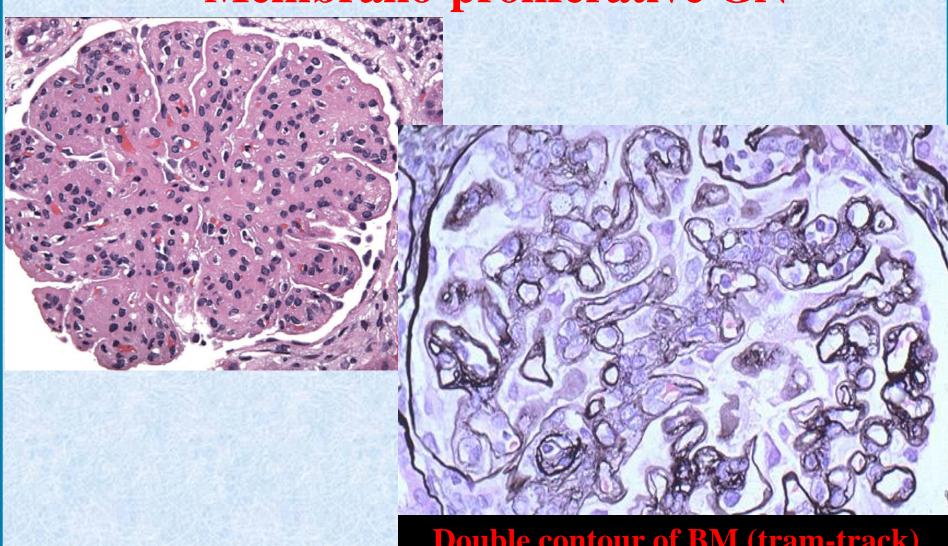
## **Immunofluorescence:**

- -Type I: sub-endothelial deposition of IgG complexes and C3
- -Type II: Granular deposits of C3 deposits within glomerular BM

#### Fate:

- Usually poor prognosis; as 40% of the disease may progress to chronic renal failure with +/- 10 years

Membrano-proliferative GN



**Double contour of BM (tram-track)** 

## Common secondary forms of GN

#### Include:

- 1. SLE nephropathy
- 2. Diabetic glomerulosclerosis
- 3. Renal amyloidosis

## Common secondary forms of GN

## 1- SLE nephropathy

#### General features

- -Renal involvement is common in SLE.
- -SLE induces heterogeneous clinical presentation and different glomerular lesions

#### Pathogenesis:

-Glomerular deposition of immune complexes that stimulate proliferation of endothelial, epithelial and mesangial cells.

#### Clinically:

- -Commonly nephrotic syndrome
- -Microscopic proteinuria
- -May present with nephritic syndrome
- -Chronic renal failure.

## Common secondary forms of GN

#### 1- SLE nephropathy

#### MP:

- -Expanded hyper-cellular glomeruli.
- -Features vary according to site of immune complex deposits

#### EM:

-Sub-endothelial, mesangial or sub-epithelial deposits of immune complexes

#### **Immunofluorescence:**

Deposition of several immunoglobulins and all types of complement components

## Common secondary forms of GN

1- SLE nephropathy

Classification of lupus nephritis

#### ISN/RPS::Classification of Lupus Nephritis

International society of nephropathy/renal pathology society

Class I	Minimal mesangial LN
Class II	Mesangial proliferative LN
Class III	Focal LN* (<50% of glomeruli)
Class IV	Diffuse LN* (≥50% of glomeruli)
Class V	Membranous LN
Class VI	Advanced sclerosing LN (≥90% globally sclerosed glomeruli without residual activity)

# Common secondary forms of GN

#### 2. <u>Diabetic glomerulosclerosis</u>

#### General features

- -DM is a major cause of renal glomerular injury
- -It can lead to: 1.Diabetic glomerulosclerosis
  - 2. Renal arterial sclerosis
  - 3. Chronic repeated pyelonephritis
  - 4. Renal papillary necrosis

#### Diabetic glomerulosclerosis could be:

- -Diffuse: thickening of glomerular BM & mesangial proliferation
- -Nodular (Kimmelstiel Wilson's disease): one or more hyaline nodule in glomerular mesangial matrix.

## **Chronic GN**

#### General features

- -Results from progressive sclerosis or scarring of renal glomeruli and ends by **renal failure**
- -It is the end stage of different types of GN

#### Grossly

- -Small sized kidneys -Asymmetrical shape
- -Irregular shape -Thick adherent capsule
- -Cortex could not be differentiated from medulla

- -Scleroses of the glomeruli
- -Interstitial tissue inflammation

- -Atrophy of renal tubules.
- -Thick renal arterioles

# **Self assessment:**

# Deposition of sub-epithelial humps of immune complex is commonly seen in:

- a. Acute post-infectious glomerulonephritis
- b. Rapidly progressive glomerulonephritis
- c. Membranous glomerulonephritis
- d. Membrano-proliferative glomerulonephritis
- e. Minimal change glomerulonephritis

# Double contour or tram-track appearance of glomerular BM could be seen in:

- a. Acute post-infectious glomerulonephritis
- b. Rapidly progressive glomerulonephritis
- c. Membranous glomerulonephritis
- d. Membrano-proliferative glomerulonephritis
- e. Minimal change glomerulonephritis

Thank you